

Steven Rider, Ph.D.

President, Pacific Research and Evaluation, LLC

Steve@Pacific-Research.org

Education

- 1997 Ph.D.: Clinical Psychology
University of Arizona, Tucson, Arizona
- 1993 M.A.: Psychology
San Jose State University, San Jose, California
- 1989 B.A.: Psychology
Westmont College, Santa Barbara, California

Professional Experience

9/98 – Present **President**

Pacific Research & Evaluation, LLC, Portland, Oregon

- Chief Executive Officer and responsible for the day-to-day business management
- Hires, trains, and supervises all staff members
- Cultivates and maintains relationships with current and prospective clients
- Assists clients in writing successful grant proposals; obtained funding amounts from \$2,000 to \$9 million
- Serves as the Principal Investigator for a wide range of local and state research and evaluation projects, as well as studies funded by a variety of federal agencies, including:
 - U.S. Department of Education, Health and Human Services, Labor, Justice, and Defense
 - The National Institutes of Health
 - The National Science Foundation
 - The Centers for Disease Control and Prevention

7/97 – 8/00 **Principal Evaluation Specialist**

Department of Community and Family Services - Multnomah County, Portland, Oregon

- Supervised a 12-member team that was responsible for monitoring and evaluating a variety of human service programs within Multnomah County
- Served as the Lead Evaluator on many projects and oversaw the evaluation projects of three principal investigators and program evaluators
- Provided technical assistance to team members, ensured the production of quality work on time, and completed annual employee performance evaluations
- Consulted with Division Managers, program staff, and service providers regarding a wide variety of outcome measurement and evaluation issues, designed and planned evaluations, managed large databases, conducted statistical analyses, and wrote evaluation reports
- Wrote the evaluation plan and served as the principal evaluator on a three-year, \$2.2 million grant from Substance Abuse and Mental Health Services Administration
- Served as Lead Evaluator for the Downtown Portland Homeless Youth Service System (annual funding of \$2.5 million)
- Taught a Statistics and Research Methods seminar series within the County, and participated on several relevant committees, including:
 - Fully Integrated Data System Team
 - Outcomes Committee of the Multnomah County Commission on Children, Families, and Community

- Leaders Roundtable Committee on Confidentiality and Records Sharing
- Key Results Strategic Planning Team within the Department of Community and Family Services.

6/88 – 9/96 Research Assistant

Multiple organizations in Oregon, Arizona, California

- Provided research support for the following organizations:
 - Portland Veterans Administration Medical Center
 - Community Partnership of Southern Arizona
 - University of Arizona, Sleep Research Laboratory
 - Palo Alto Veterans Administration Medical Center Sleep Research Laboratory
 - Stanford University Medical Center
 - University of California at Berkeley, Department of Psychology
 - Anacapa Sciences
 - Stanford University, Department of Psychology
- Responsibilities included conducting literature searches and reviews, facilitating focus groups for needs assessment, developing research methodology, selecting and designing data collection instruments, developing and coordinating data entry systems, supervising data entry personnel, conducting statistical analyses, writing research protocols and evaluation reports, and writing grant proposals

Paper Presentations

Shapiro, C., Sege, R., Rider, S., Teel, K. Implementing and Evaluating Innovative Approaches to Supporting Families of Young Children: Lessons from the Quality Improvement Center on Early Childhood. Presented at the 19th Annual National Conference on Child Abuse and Neglect, New Orleans, LA, April, 2014.

Parsons, B., Brodowski, M., Moore, M., Harper Brown, C., Rider, S., Winters, K. Evaluating the Use of Evidence-Based Principles across the Social Ecology. Panel Presentation at the 27th Annual Conference of the American Evaluation Association, Washington, DC, October 2013.

Rider, S., Winters, K., Wheeler, R. ASNS Student Focus Group Report. A report produced for Kapi'olani Community College. January, 2013.

Seymour, J., Rider, S., Graves, J., Casey, M. Fostering Hope: Reducing Child Maltreatment Through Collective Impact. Presented at the 2013 Catholic Charities USA Annual Meeting, San Francisco, CA, September, 2013.

Rider, S., Winters, K. Fostering Hope: An Innovative Approach to Child Maltreatment Prevention. Presented at the 10th Triennial International Child and Youth Care Conference, Canmore, Alberta, Canada, October, 2012.

Rider, S., Winters, K., Lyle, K. STEM Enterprise Key Informant Summary. A report produced for Kapi'olani Community College. November, 2012.

Rider, S., Winters, K., Prescott, V. Participatory Evaluation and Planning: Engaging Collaborative Partners through Issue-Focused Data Sharing in a Place-based, Federally-funded Research and Demonstration Project. Presented at the 18th Annual National Conference on Child Abuse and Neglect, Washington, DC, April, 2012.

Sege, R., Shapiro, C., Rider, S., Teel, M. K. The QIC-EC Projects: Building Protective Factors, Promoting Optimal Development, Reducing Risk for Maltreatment. Presented at the 18th Annual National Conference on Child Abuse and Neglect, Washington, DC, April, 2012.

Rider, S. Fostering Hope: Research Design and Early Findings. Presented at the Strengthening Families 2011 Leadership Summit, Arlington, VA, June, 2011.

- Song, J., Pickett, D., Rider, S., Atwater, R., Wilcox, C., Bradley, K. Improving the health and safety of children in Oregon's child care: An evaluation of the Oregon Child Care Health Consultation demonstration program. Presented at the 65th annual meeting of the Oregon Public Health Association, October, 2009.
- Rider, S. Supporting Family, Friend and Neighbor Caregivers: Literacy Kits. Presented at the 15th Annual Oregon Child Care Researchers Roundtable, Troutdale, OR, October 2009.
- Mueller, E., Becker, K., Rider, S. Challenges and Benefits of Using a Highly Collaborative Approach to Evaluate an Innovative Child Care Health Consultation Program. Presented in Multipaper Session 246, at the Annual Conference of the American Evaluation Association, Portland, OR, October, 2006.
- Rider, S., Leffingwell, T., Williams, J. The transtheoretical model and sport psychology consultation: Rationale and preliminary findings. Presented at the Annual Meeting of the Association for the Advancement of Applied Sport Psychology, Williamsburg, VA, October, 1996.
- Rider, S., Bootzin, R., Leffingwell, T. Sleep, mood, and performance in intercollegiate swimmers. Presented at the Annual Meeting of the Sleep Research Society, Nashville, TN, June, 1995.
- Bootzin, R., Bell, I., Halbisch, R., Kuo, T., Wyatt, J., Rider, S., & Manber, Rachel. Night-to-night variability in measures of sleep and sleep disorders: A six-night PSG study. Presented at the Annual Meeting of the Sleep Research Society, Nashville, TN, June, 1995.
- Manber, R., Pardee, R., Bootzin, R., Kuo, T., Rider, A., Rider, S., Bergstrom, L. Changing sleep patterns in adolescence. Presented at the Annual Meeting of the Sleep Research Society, Nashville, TN, June, 1995.
- Wyatt, J., Bootzin, R., Bell, I., Kuo, T., Anthony, J., Rider, S. First night effects across multiple two-night recordings in older adults Presented at the Annual Meeting of the Sleep Research Society, Nashville, TN, June, 1995.
- Kuo, T., Bootzin, R., Bell, I., Wyatt, J., Rider, S., Anthony, J. Normative sleep characteristics in the elderly: A six-night PSG study. Presented at the Annual Meeting of the Sleep Research Society, Nashville, TN, June, 1995.
- Rider, S. Effects of a repressive coping style on self-reported mood benefits following acute exercise. Presented at the Southwest Regional Student Conference on Sport Psychology, Tucson, AZ, January, 1995.
- Ludwig, C., Valdiserri, M., Baldwin, D., Rider, S., Wyatt, J., Bootzin, R. Individual difference correlates of the extent of agreement between wrist actigraphy and sleep diaries for insomniacs. Presented at the Annual Meeting of the Sleep Research Society, Boston, MA, June, 1994.
- Bootzin, R., Wyatt, J., Bell, I., Rider, S., Schou, D. The effect of milk on cognitive processing in shy and outgoing older adults. Presented at the Annual Meeting for the Society of Behavioral Medicine, Boston, MA, April, 1994.
- Rider, S., Williams, J. Effects of acute exercise on positive and negative states of mind. Presented at the Annual Meeting of the Association for the Advancement of Applied Sport Psychology, Montreal, Quebec, Canada., October, 1993.
- Rider, S., Williams, J. Effects of repression on the psychological benefits of exercise. Presented at the Annual Meeting of the Association for the Advancement of Applied Sport Psychology, Montreal, Quebec, Canada., October, 1993.
- Rider, S. Stress, coping, and injuries in high school basketball players. Presented at the Annual Meeting of the Western Psychological Association, Phoenix, AZ, April, 1993.
- Rider, S., Lexcen, F., Sarnikowski, S., Hicks, R. Sleep quality in active, passive, former, and non-smokers. Presented at the Annual Meeting of the Western Psychological Association, Portland, OR, April, 1992.

Rider, S., Lexcen, F., Sarnikowski, S., Hicks, R. Effects of active and passive exposure to smoke on symptoms and attitudes. Presented at the Annual Meeting of the Western Psychological Association, Portland, OR, April, 1992.

Lexcen, F., Rider, S., Sarnikowski, S., Hicks, R. Effects of cigarette smoking on sleep quality. Presented at the Annual Meeting of the Western Psychological Association, Portland, OR, April, 1992.

Rider, S. Music as a distracter in problem solving. Presented at the Annual Meeting of the Western Psychological Association, Portland, OR, April, 1992.

Rider, S. Causal attributions in sport situations. Presented at the Annual Meeting of the Western Psychological Association, Reno, NV., April, 1989.

Workshops & Webinars

Manseth, K., Rider, S. Making Sense of Logic Model Development. Presented at the Annual Conference of the Oregon Program Evaluators Network, Portland, OR, September, 2017.

Rider, S., Manseth, K. Program Evaluation: Techniques and Applications for Performance Auditors. Presented at the Regional Training for the Association of Local Government Auditors, Portland, OR, October, 2015.

Rider, S., Seymour, J. Key Findings and Next Steps Based on a 3-Year Study of the Fostering Hope Initiative. National Quality Improvement Center on Early Childhood Learning Network Webinar, February, 2014.

Rider, S., Junge, H. Fostering Hope: Concentrating Services in High-Poverty Neighborhoods to Reduce Child Maltreatment. National Quality Improvement Center on Early Childhood Learning Network Webinar, June, 2010.

Rider, S., Kelly, N. Using Data for Program Management. Presented at the Safe Schools/Healthy Students National Conference, Washington, DC, January, 2009.

Rider, S., Shain, M., Dietsch, B., Macias-Smith, N., Wells, K., Zandlo-Hutchinson, B. Expectations and Roles of Project Directors and Evaluators. Presented at the Safe Schools/Healthy Students National Conference, Washington, DC, January, 2009.

Rider, S., Diehl, D., Shain, M., Dietsch, B. Best Practices and Challenges for Evaluators. Presented at the Safe Schools/Healthy Students National Conference, Washington, DC, January, 2009.

Rider, S., Formica, S. Sustainable Approaches to Local Evaluation. Presented at the Safe Schools/Healthy Students Project Directors Consortia Meeting, Orlando, FL, January, 2009.

Dorsey, K., Rider, S. Planning for the No Cost Extension Year. Presented at the Safe Schools/Healthy Students Project Directors Consortia Meeting, Orlando, FL, January, 2009.

Formica, S., Rider, S. Local Evaluators: Collaborators or Observers? Presented at the Safe Schools/Healthy Students Project Directors Consortia Meeting, Orlando, FL, January, 2009.

Formica, S., Rider, S. Working with Your Evaluator for Sustainability. Presented at the Safe Schools/Healthy Students Project Directors Consortia Meeting, Orlando, FL, January, 2009.

Rider, S. Pitfalls and Challenges in Evaluating Safe Schools/Healthy Students Projects. Presented at the Safe Schools/Healthy Students National Conference, Washington, DC, February, 2008.

Rider, S. Using Evaluation Data to Make Mid-Course Corrections. Presented at the Safe Schools/Healthy Students National Conference, Washington, DC, February, 2008.

Rider, S., Formica, S., Wells, M. Working with Project Directors during No-Cost Extension. Presented at the Safe Schools/Healthy Students Project Directors National Conference, Albuquerque, NM, January, 2008.

Rider, S., Formica, S., Woy, R. Sustainable Data Collection and Data Management Systems. Presented at the Safe Schools/Healthy Students Project Directors National Conference, Albuquerque, NM, January, 2008.

Formica, S., Rider, S. Problem Solving Regarding Data Collection. Presented at the Safe Schools/Healthy Students Project Directors National Conference, Albuquerque, NM, January, 2008.

Rider, S., Wang, A., Small, M. Now That You Know Where You Are Going, How Will You Know If You Got There?: Developing Your Evaluation Plan. Presented at the Safe Schools/Healthy Students National Conference, Washington, DC., March, 2006.

Small, M., Rider, S., Wang, A. Refining And Developing Evaluation Plans: A Critical Tool For Navigating The SS/HS Journey. Presented at the Safe Schools/Healthy Students National Conference, Washington, DC., March, 2006.

Formica, S., Rider, S. Evaluation and Sustainability. Workshop conducted at the National Center for Mental Health Promotion and Youth Violence Prevention, June, 2005.

Rider, S. Evaluation Training and Technical Assistance. Presented at the Safe Schools/Healthy Students National Conference, Washington, DC, February, 2005.

Rider, S. Integrating Evaluation Data into the Semi-Annual Report. Presented at the Safe Schools/Healthy Students National Conference, Washington, DC, February, 2005.

Rider, S., Williams, K. Evaluating Programs Designed for Targeted Populations. Presented at the Safe Schools/Healthy Students National Conference, Washington, DC, February, 2005.

Rider, S. Burlington School District Climate Survey Results. A presentation made to the Burlington (VT) School District Superintendent, district administrators, and school Principals, February, 2005.

Rider, S. Jackson, T. Measuring What Matters: Using Evaluation Results & Using Qualitative and Quantitative Data. Presented at the Safe Schools/Healthy Students National Conference, Tyson's Corner, VA., May, 2002.

Rider, S., Jackson, T. Integrating Project Management and Program Evaluation. Training delivered at the National Safe Schools/Healthy Students Initiative conference. Washington, DC, April, 2002.

Rider, S. Referral Patterns and Service Duplication in the Downtown Portland Homeless Youth System. Presentation to the Homeless Youth Oversight Committee, Portland, OR, March, 2000.

Rider, S. Evaluation of the Downtown Portland Homeless Youth Service System: Preliminary Findings. Presentation to the Homeless Youth Oversight Committee, Portland, OR, January, 2000.

Rider, S. Evaluation of the Downtown Portland Homeless Youth Service System. Multnomah County "Evalfest", Portland, OR, June, 1999.

Rider, S. Program Evaluation: An Overview. Oregon Health Sciences University, Medical Psychology Seminar Series, Portland, OR, April, 1999.

Rider, S. Career Paths in Program Evaluation. Portland Veterans Administration Medical Center, Psychology Intern Seminar Series, Portland, OR, March, 1998.

Rider, S. Research Methods and Statistical Analysis Seminar Series. Multnomah County, Portland, OR, November, 1997 – July, 1998.

Journal Articles & Book Chapters

Journal Articles:

Rider, S., Winters, K., Dean, J., Seymour, J. (2014). Fostering Hope: A neighborhood-based, Collective Impact Initiative. Exploring New Paradigms for Evaluation and Service Delivery: The National Quality Improvement Center on Early Childhood. Journal of Zero to Three.

Shugerman, S., Moss, G., Marriott, L., Ault Jr., C., Bailey, P., Rider, S., Zimmerman, K., Cameron, W.E. Teacher Institute for the Experience of Science (TIES) Improves Teacher Understanding of Biomedical Research. Submitted for review at The Journal of Research in Science Teaching.

Leffingwell, T., Rider, S., Williams, J. (2001). Application of the Transtheoretical Model to psychological skills training. The Sport Psychologist, 15, 168-187.

Bell, I., Bootzin, R., Ritenbaugh, C., Wyatt, J., DeGiovanni, G., Kulinovich, T., Anthony, J., Kuo, T., Rider, S., Peterson, J., Schwartz, G., Johnson, K. (1996). A polysomnographic study of sleep disturbance in community elderly with self-reported environmental chemical odor intolerance. Biological Psychiatry, 40, 123-133.

Rider, S., Hicks, R. (1995). Stress, coping, and injuries in high school basketball players. Perceptual and Motor Skills, 81, 499-503.

Book Chapters:

Dean, J., Seymour, J., Rider, S. (2016). Neighborhood Approaches to Supporting Families of Young Children. In C. J. Shapiro & C. H. Browne (Eds.), Innovative Approaches to Supporting Families of Young Children (pp. 127-142). Switzerland: Springer International Publishing.

Bootzin, R., Rider, S. (1997). Behavioral techniques and biofeedback for insomnia. In M. R. Pressman & W. C. Orr (Eds.), Understanding sleep: The evaluation and treatment of sleep disorders (pp. 315-338). Washington, D. C.: American Psychological Association.

Teaching Experience

Psychology Department, University of Arizona
Tucson, Arizona

- **Instructor**
 - Psychology 230: Psychological Measurement and Statistics (1994, 1995)
 - Psychology 102: Topics in Psychology (1992, 1993)
- **Guest Lecturer**
 - Psychology 622: Principles of Behavior Therapy (1995)
- **Teaching Assistant**
 - Psychology 230: Psychological Measurement and Statistics (1994, 1995, 1996)
 - Psychology 290: Research Methods (1993, 1995)
 - Psychology 360: Abnormal Psychology (1996)

Professional Affiliations

American Evaluation Association
Oregon Program Evaluators Network