

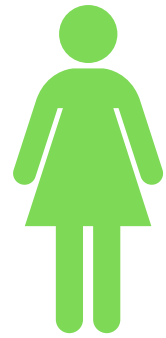
OHA conducted a health survey from April to June in 2021 that was completed by 3,176 young adults ages 18 to 25. Below are some of the findings.

## Young Adult Health Survey Results

### Who completed the survey?



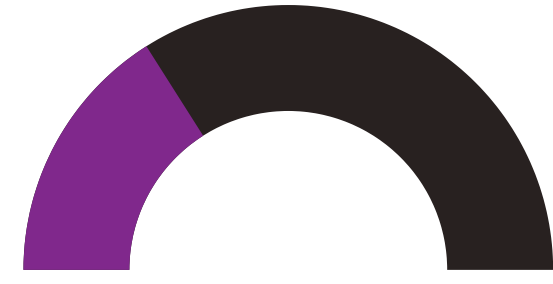
22%  
Male



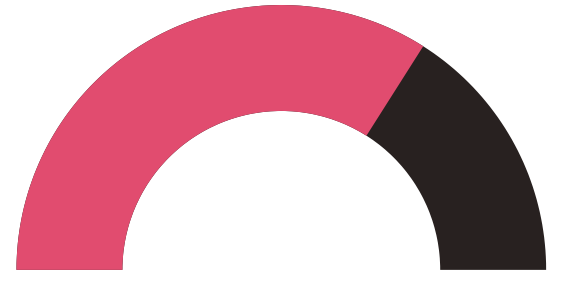
65%  
Female



13%  
Non-binary



32%  
Ages 18-20



68%  
Ages 21-25

### Impact of COVID on education/work

COVID impacted young adults in three main ways:

- 1 Difficulty in keeping up with work/school (43%)
- 2 Delayed going to school/training/college (29%)
- 3 Hours at work were reduced (28%)



### Impact of COVID on current substance users



62% smoked cigarettes more than usual



58% vaped nicotine more than usual



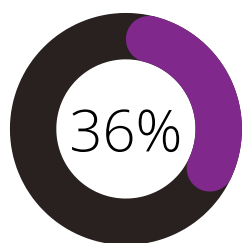
55% used marijuana more than usual



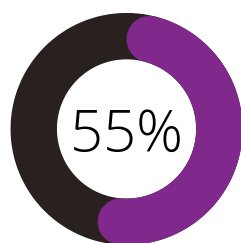
40% drank alcohol more than usual

### Impact of COVID on education/work by age

AGES 18 - 20

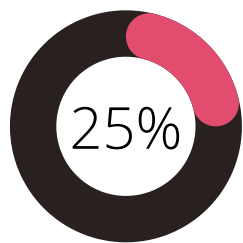


36%  
Delaying school/training

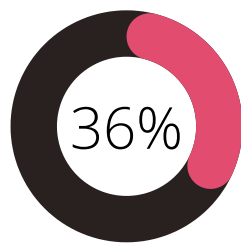


55%  
Difficulty in school/work

AGES 21 - 25



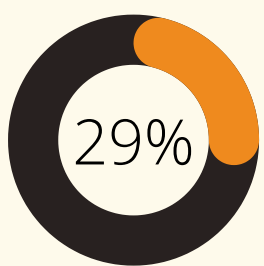
25%  
Delaying school/training



36%  
Difficulty in school/work

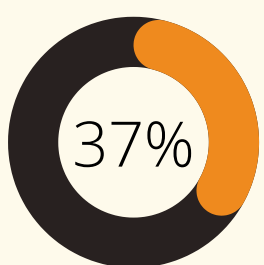
### Impact of COVID on education/work by gender

Male



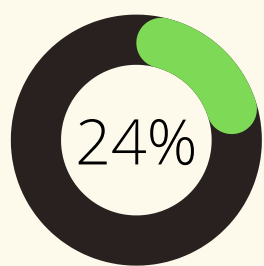
29%  
Delaying school/training

Male



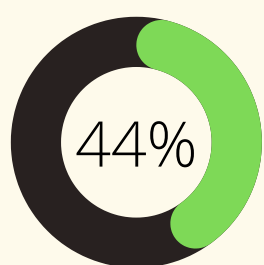
37%  
Difficulty in school/work

Female



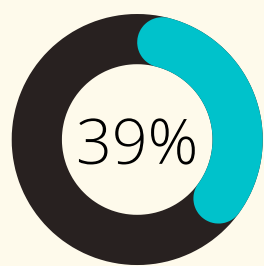
24%  
Delaying school/training

Female



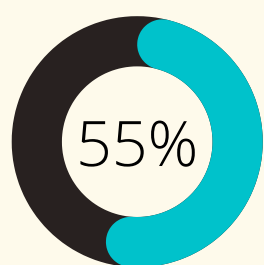
44%  
Difficulty in school/work

Non-Binary



39%  
Delaying school/training

Non-Binary

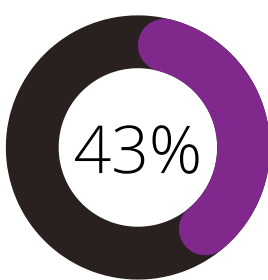
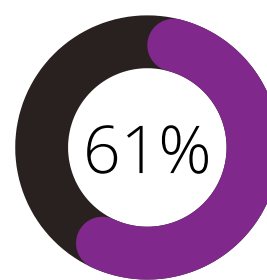
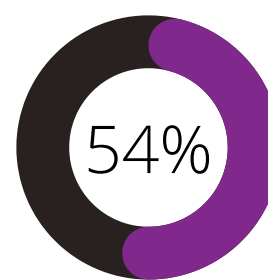
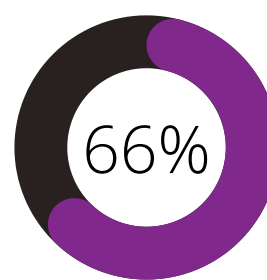


55%  
Difficulty in school/work

### Impact of COVID on current substance users by age

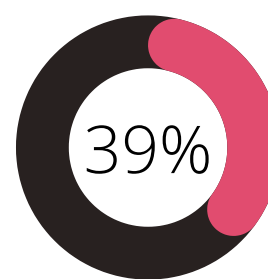
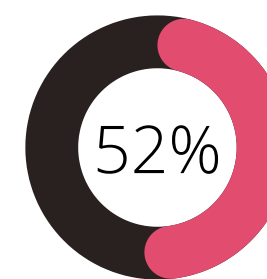
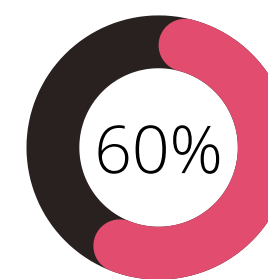
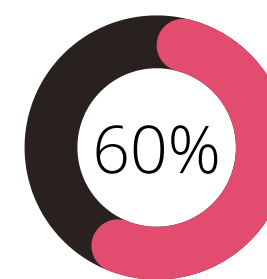


AGES 18-20



VS

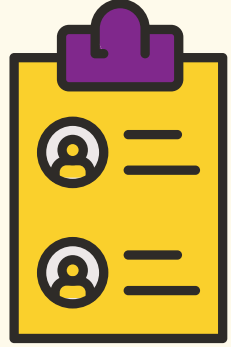
AGES 21-25



OHA conducted a health survey from April to June in 2021 that was completed by 3,176 young adults ages 18 to 25. Below are some of the findings.

## Young Adult Health Survey Results

### Young adult mental/behavioral health condition

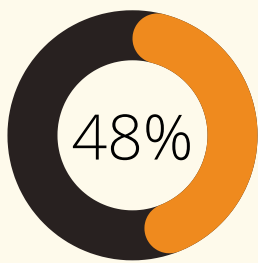


**59%** reported a mental or behavioral health condition in their lifetime

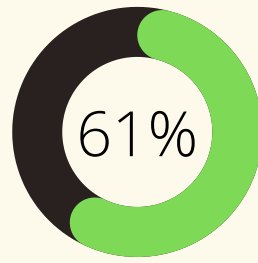


### Young adult mental/behavioral health condition by gender

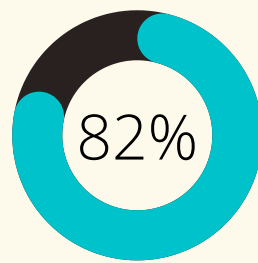
**Male**



**Female**



**Non-Binary**



### Young adult mental health during COVID

On a scale from 1 to 10, on average, respondents rated their satisfaction with life as a 6



**77%** reported feeling depressed for several days or more in the last two weeks



Not at all



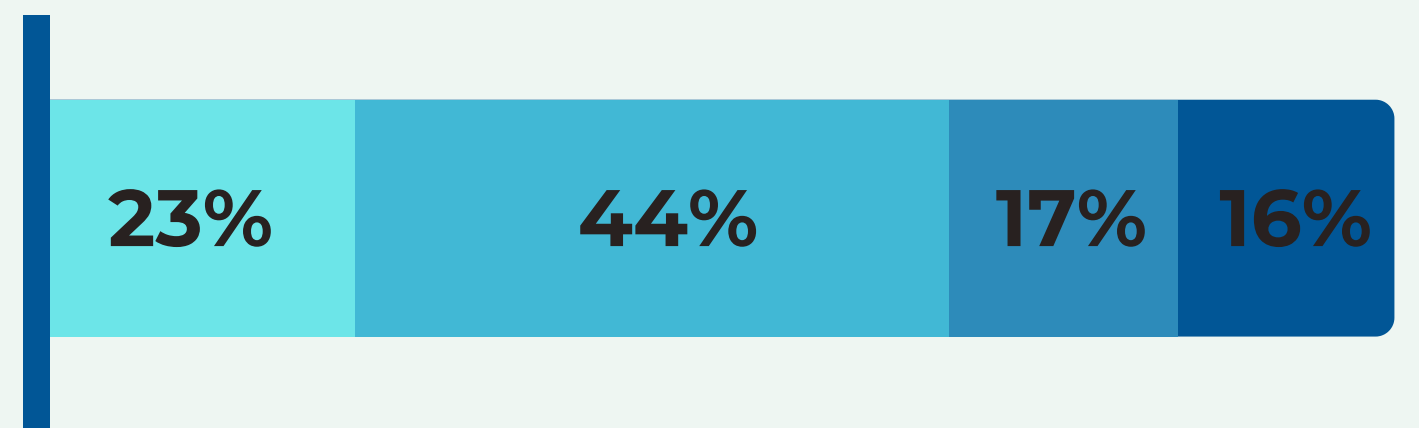
Several days



More than half the days



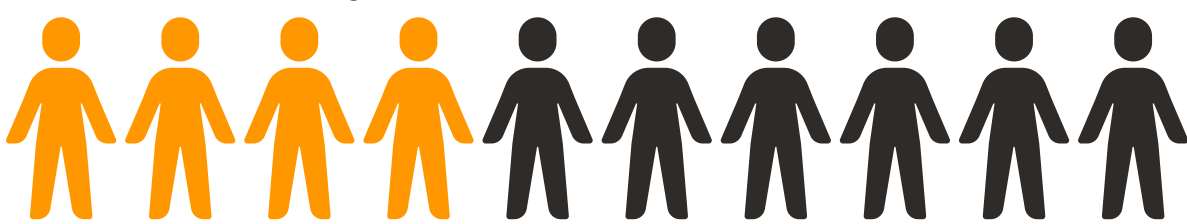
Nearly every day



### Young adult thoughts of suicide

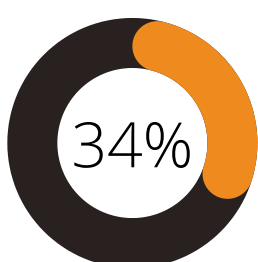


**38%** reported thoughts of suicide this past year

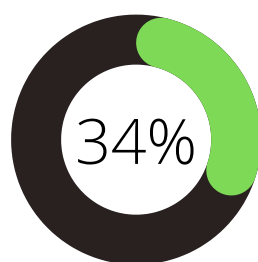


### Young adult thoughts of suicide by gender

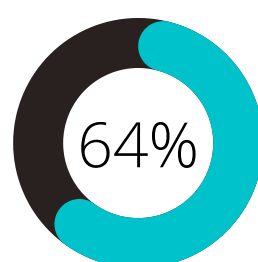
**Male**



**Female**



**Non-Binary**



### Young adult thoughts of suicide by age

**AGES 18-20**



**AGES 21-25**

